

Mirrors Media/Press

'Mirrors In My Mind', The Story Behind The Story

Release Date: October 31st 2025

Genre: Rock

Written by Allen Brooks on 10/31/2025.

"When writing my last release '**Caviar and Cigarettes**', I used a specific formula that I developed just for that song which included making the acoustic track the main guitar and using distortion on my electric only for texture which is usually reversed. I also tuned down a half step and used cord adaptations or variations if you will, to create more of a dark soundscape. Even though I had planned these things in advance, I rarely attempt to write something with an end goal in mind. Like I have said before, many songs such as '**Dreams Of Make Believe**' as an example are presented to me floating in the ether and I just have to be receptive to receive it. But with '**Mirrors In My Mind**' I sat down to write the song and begin the writing process and decided to start by using the same formula that I used with Caviar. My intent with Mirrors was to write a song with this goal: Early Doors Meets Marilyn Manson in an attempt to create a creepy psychedelic hard rocker with tribal Manson-esk drums using timpani mixed in for a dramatic and dynamic orchestral effect. **Mariano Vega** is a full member of my little gang of master musicians and also recorded the drums on Caviar, **Mariano Power** is our amazing saxophonist and **Plátano Ebrio** delivered an incredible track of orchestral timpani. Vega, Power and Ebrio are all from Argentina and currently living there full time. **Andrew Caccese** co-produced on Caviar and is the full producer on '**Mirrors In My Mind**'. Andrew is an amazing musician, engineer and producer with a lot of credibility under his belt. I have really grown to love that guy since I started working with him a few years back and he has become a very dear friend to me personally. Over the last several years I have been putting together a very humble home studio that has enough capabilities to do everything that I do. My home studio became functional early this year and with every new release I learn more and more about the ins and outs of operating all of this new technology now at my fingertips. The biggest thing I learned and the best advice I can offer someone like myself is this, after everything is recorded to your satisfaction, hire and involve the most professional engineers and producers to mix and master that you can afford. On Mirrors, I recorded all of the rhythm tracks in about six hours and sent them off to Mariano to record his drums track with, then adding timpani and the sax solo once the drum tracks were delivered. Once my vocal tracks were all completed everything was sent off to Andrew in Italy for final mix and master. During this time I started the intense process of creating the music video to accompany the song release. The preparation of doing my video is quite complex but the final outcome is totally worth it. I had soooooo much fun. The process is this: First thing is to write the script which will also be used for the AI prompts which is crucial! Then next I create storyboards from the script and develop my outfit. For Mirrors I just adapted the outfit that I wore in the '**Tragically Twisted**' music video. Third thing is to create green screen shots wearing the outfit that will be in the video. For this video it took me some time to design the Owl pajamas I am wearing. Oh, and everyone always asks me the owl's name in the Twisted video, so I just wanted to let anyone interested that his name is **Valtherion**. In 2010 I graduated from NYFA and have a few **IMDB** credits under my full name, plus I originally created the music video for **Warner Brother/Dwight Yoakam** called '**Waterfall**'. I mention these things because even with my extensive background in film and animation, I never in a million years thought I would be able to create the kind of music videos I am now able to output. I am a very grateful and thankful boy! Anyhoo. Once I have all of the green screen pictures that reflect the script and storyboards, I can move forward to utilize all of the available big online AI generators available to the public today. I then use all of those images and well crafted prompts of each scene to use at my main AI Generator to output all of my main clips from. It's a hell of a process but it is also a lot of fun doing it all! So in closing I just want to say thank you to everyone that helped me make the new song/video and remember to Hold On To What You Believe In And Your Dreams Will Always Come True!"

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